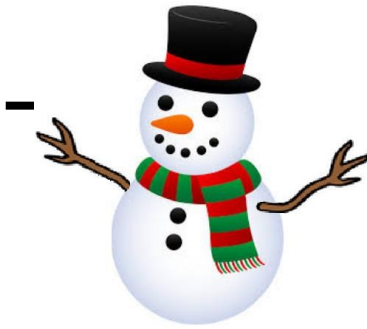


# CRC Youth Calendar 3-12yrs.



# DECEMBER

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3	4	5 Kids Club Fitness (check in to Kids Club) 4:00-4:45pm	6 Kids Yoga 3:30-4:25pm 3-10yo	7 Girls Club (6-12 yrs) 5:30pm-7:30pm	1/8
9	10 Kids Club Fitness (check in to Kids Club) 4:00-4:45pm	11	12 Kids Club Fitness (check in to Kids Club) 4:00-4:45pm	13 Kids Yoga 3:30-4:25pm 3-10yo	14 Jewelry Club (6-12 yrs) 6:00pm-7:00pm	15
16	17 Kids Club Fitness (check in to Kids Club) 4:00-4:45pm	18	19 Kids Club Fitness (check in to Kids Club) 4:00-4:45pm	20 Kids Yoga 3:30-4:25pm 3-10yo	21	22
23	24 Kids Club Fitness (check in to Kids Club) 4:00-4:45pm	25 CLOSED FOR CHRISTMAS DAY	26	27 Kids Yoga 3:30-4:25pm 3-10yo	28	29
30	31 Kids Club Fitness (check in to Kids Club) 4:00-4:45pm					

**CRC-Centennial Recreation Center**  
Classes in Red are FEE based classes

For questions regarding the activities listed on this calendar, please contact the CRC Welcome Desk at (408)782-2128 or visit our website [www.mhcr.com](http://www.mhcr.com)

**Building our youth one asset at a time.**



# #18 Youth Programs

Young person spends 3+ hours per week in sports, clubs, or organizations at school and/or in the community

- Ask your school or community center for a list of after-school activities. Discuss options with your youth and get them involved
- Model having a “extracurricular activity” yourself. If they have time, parents should also have hobbies or activities that they do outside of a job and/or home
- Set aside an arts area in your home, show your youth art that you’ve done and show him/her your interest. Doing so may inspire your youth.