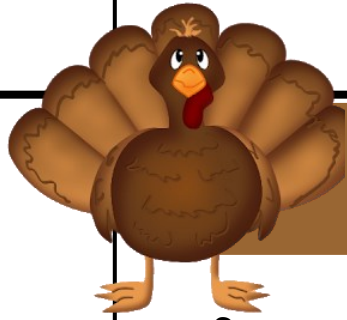
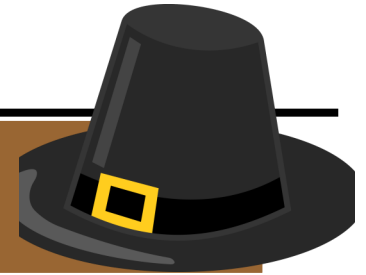


CRC Youth Calendar 3-12yrs.



NOVEMBER



Sun

Mon

Tue

Wed

Thu

Fri

Sat

				1 Kids Yoga 3:30-4:25pm 3-10yo	2 Girls Club (6-12 yrs) 5:30pm-7:30pm	3
4	5 Kids Club Fitness (check in to Kids Club) 4:00-4:45pm	6	7 Kids Club Fitness <u>4:00-4:45pm</u>	8 Kids Yoga 3:30-4:25pm 3-10yo	9 Jewelry Club (6-12 yrs) 6:00pm-7:00pm	10
11	12 Kids Club Fitness (check in to Kids Club) 4:00-4:45pm	13	14 Kids Club Fitness (check in to Kids Club) 4:00-4:45pm	15 Kids Yoga 3:30-4:25pm 3-10yo	16 Boys Club (6-12 yrs) 5:30pm-7:30pm	17 Cooking with Kids (5-12yo) 12:00-1:00pm
18	19 Kids Club Fitness (check in to Kids Club) 4:00-4:45pm	20	21 Kids Club Fitness (check in to Kids Club) 4:00-4:45pm	22 CLOSED FOR THANKSGIVING DAY	23	24
25	26 Kids Club Fitness (check in to Kids Club) 4:00-4:45pm	27	28 Kids Club Fitness (check in to Kids Club) 4:00-4:45pm	29 Kids Yoga 3:30-4:25pm 3-10yo	30	

CRC-Centennial Recreation Center
Classes in Red are FEE based classes

For questions regarding the activities listed on this calendar, please contact the CRC Welcome Desk at (408)782-2128 or visit our website www.mhcr.com

Building our youth one asset at a time.



#18 Youth Programs

Young person spends 3+ hours per week in sports, clubs, or organizations at school and/or in the community

- Ask your school or community center for a list of after-school activities. Discuss options with your youth and get them involved
- Model having a “extracurricular activity” yourself. If they have time, parents should also have hobbies or activities that they do outside of a job and/or home
- Set aside an arts area in your home, show your youth art that you’ve done and show him/her your interest. Doing so may inspire your youth.