

CENTENNIAL RECREATION CENTER

Gym Schedule Effective 2.7.17

WEST SIDE

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 6:00am	Set Up Time	Set Up Time	Set Up Time	Set Up time	Set Up Time		
	Boot Camp Class	Group Cycle Class	Boot Camp Class	Boot Camp Class	Cycle/Sculpt Class		
6:00am - 7:00am	Take Down Time	Take Down Time	Take down Time	Take Down Time	Take Down Time		
7:00am - 8:00am	Drop-In Basketball	Drop-In Basketball	Drop-In Basketball	Drop-In Basketball	Drop-In Basketball	Boot Camp Class	
8:00am - 9:00am		Beg. Boot Camp		Beg. Boot Camp	Set Up Time		35+ PickUp
9:00am -10:00am		Boot Camp Class		Boot Camp Class	Boot Camp Class		Basketball
			Tiny Tot Tennis*	Class	Class		
10:00am -11:00am		Aerobics Class		Aerobics Class	Take Down Time		
11:00am -12:00pm						YMCA Basketball	
					Adult		
12:00pm - 1:00pm	Pickleball	Pickleball	PickUp Basketball	Pickleball	PickUp Basketball		Beginner/Intermediate
							Pickleball
1:00pm - 2:00pm							
2:00pm - 3:00pm							
3:00pm - 4:00pm		Youth Sports Rental			Youth Sports Rentals		35+ Basketball League
	Youth Sports Class	Drop-In Basketball	Youth Sports Class	Skyhawks Basketball*			
5:00pm - 6:00pm			Futsal* Soccer		Drop-In Basketball	Drop-In Basketball	
6:00pm - 7:00pm			Youth Sports Rental				
7:00pm - 8:00pm				Drop-In Basketball			
	Men's Basketball League	Men's Basketball League	PickUp Basketball				
8:00pm - 9:00pm					Advanced Drop-In		
9:00pm -10:00pm				PickUp Basketball	Badminton		

(Members can use the gym for the drop-in sport of their choice, when not in use for scheduled activities.)

*- These are fee based programs that require registration. CRC Members receive discount for these classes.

CENTENNIAL RECREATION CENTER

Gym Schedule Effective 2.7.17

EAST SIDE

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:00am - 6:00am	Set Up Time	Set Up Time	Set Up Time	Set Up Time	Set Up Time		
	Boot Camp	Boot Camp	Boot Camp	Boot Camp	Cycle/Sculpt		
6:00am - 7:00am	Class	Class	Class	Class	Class		
	Take Down Time	Take Down Time	Take Down Time	Take Down Time	Take Down Time		
7:00am - 8:00am						Boot Camp Class	
8:00am - 9:00am	Set Up Time		Set Up Time			H.I.T/Core Class	Adult PickUp
	Zumba	Beg. Boot Camp	Zumba	Beg. Boot Camp	Set Up Time		
9:00am -10:00am	Class	Boot Camp	Class	Boot Camp	Boot Camp		Basketball
	H.I.T/Core Class	Class		Class	Class		
10:00am -11:00am	Class	Aerobics	Zumba	Aerobics	Group cycle		50+
		Class	Gold	Class	Class		Basketball
11:00am -12:00pm		Take Down Time		Take Down Time		YMCA Basketball	
12:00pm - 1:00pm		Drop-In Badminton		Drop-In Badminton	Adult PickUp Basketball		Drop-In Badminton
1:00pm - 2:00pm							
2:00pm - 3:00pm							Youth & Teen Volleyball
3:00pm - 4:00pm							
4:00pm - 5:00pm	Youth Sports Rental	Youth Sports Rental	Youth Sports Rental	Youth Sports Rental	Kids Love Soccer*	Youth Sports Rental	
5:00pm - 6:00pm							
6:00pm - 7:00pm							
7:00pm - 8:00pm		Drop-In Volleyball	Volleyball League	Volleyball League	Drop-In Volleyball	Drop-In Volleyball	
8:00pm - 9:00pm		Adults 18+ After 7:30PM			Advanced Drop-In Badminton		
9:00pm -10:00pm							

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