

# LATI Youth Summer Programs

**Chill Out Life Skills:** Every Thursday (Jan—Nov) 5:30 pm—7:45 pm (dinner provided) 17000 Monterey Rd. Morgan Hill (Community Cultural Center) **Ages 11 and up (dinner provided)**

This Programs offers fundamental life skills such as communication, cultural competence, conflict resolution, healthy relationships, the ability to cope, overcoming obstacles, decision making, Identity, substance abuse awareness, building community, giving back, leadership, mindfulness, social and emotional wellness, restorative circles, self care and much more. (evidence-based curriculum)

(summer field trips)

**Stay Active Summer Program:** 4 Weeks Starting Mon June 6, Mon June 13, Mon June 20, Mon June 27, (min sports camp) 10:30 am 12:30 pm

171 W Edmundson Ave, Morgan Hill, CA 95037 (Community Park) Ages 7 and 18 (parents are welcomed to bring younger children, if parent is attending) **(drinks and snacks provided)**

This program will focus on supporting social, emotional and physical health, through sports activates. Building, relationships, staying active and connected. Mini sports camp. 3-mile race last session.

For more information or to register contact:



Dori Ann Prado  
Founder, LATI/Chill OUT  
408-390-9012

*"In Community - We Are Stronger Together"*  
*"Alone we can do so little; Together, we can do so much"*

**Hearts & Crafts:** Once Per Month - Tues June 7, Tues July 12, Tues Aug 9, 5:30 – 7:00 pm

171 W Edmundson Ave, Morgan Hill, CA 95037 (Centennial Recreation Center) **Ages 7 and up, Family activity,** (parents are welcomed to bring younger children, if parent is attending)

Arts and crafts can provide an outlet for addressing emotional and/or problem behaviors through opportunities to learn new skills, develop new talents, and express thoughts and ideas in creative and ways. Creating art can strengthen a youth's problem-solving skills, autonomy, sense of purpose, and social competence.

**LATI Friday Night BLAST** Once Per Month – Fri June 10, Fri July 15, Fri Aug 19, 5:30 pm – 7:30 pm.

171 W Edmundson Ave, Morgan Hill, CA 95037 (Centennial Recreation Center) **Ages 11 and up** (parents are encouraged to bring younger children with them, if parent is participating)

Program provides a safe space for youth to hang out, have fun, build healthy relationships, engage in positive activates, this program is for the whole family. Pro social activates, food, games for the whole family, supporting social, emotional and physical health on a Friday evening.

## SCFBC Community Bridge Resource Connector:

- Have a need or looking for a resource? If we can't help you, we will connect you to the services you are looking for.
- Food Distribution every 4<sup>th</sup> Tues of the month in Morgan Hill

