



CRC Indoor Pool Schedule

Effective August 15th- September 9th, 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p>Lap Swim/ Play Area Open: 6am-9:55am (3 Lap Lanes Open)</p> <p>Aqua Fitness 10am-10:55am (No Lap Lanes Open)</p>		<p>Lap Swim/ Play Area Open: 6am-9:55am (3 Lap Lanes Open)</p> <p>Aqua Fitness 10am-10:55am (No Lap Lanes Open)</p>		<p>Lap Swim/ Play Area Open: 8:45am-6:45pm (3 Lap Lanes Open)</p>	
<p>Lap Swim/ Play Area Open: 12:30pm-4:30pm (3 Lap Lanes Open)</p>	<p>Lap Swim/ Play Area Open: 11am-6:40pm (3 Lap Lanes Open)</p> <p>Aqua Fitness 6:45pm-7:40pm (No Lap Lane Open)</p>	<p>Lap Swim/ Play Area Open: 1pm-8pm (3 Lap Lanes Open)</p>	<p>Lap Swim/ Play Area Open: 11am-6:40pm (3 Lap Lanes Open)</p> <p>Aqua Fitness 6:45pm-7:40pm (No Lap Lane Open)</p>	<p>Lap Swim/ Play Area Open: 1pm-8pm (3 Lap Lanes Open)</p>		<p>Lap Swim/ Play Area & Slide Open 11:30am-4:30pm (3 Lap Lanes Open)</p>

**Please note the CRC pool is not open all hours the CRC is open, please reference the above schedule for pool availability.*

Lap Swim: The CRC pool has a maximum of 3, 20-yard lanes for lap swim use.

Play Area: The shallow water play area is available whenever the pool is open. The area is 1 ft. – 2.5 ft. deep and includes a play structure with slide. Children 3 and under are required to wear 3 layers (swim diaper, diaper cover and swimsuit).

Slide: The large slide is only available on Saturdays from 11:30-4:30pm.

Aqua Fitness: Aqua Fitness is free for CRC members. Youth 12+ are allowed and encouraged to workout in aqua fitness classes. No lap swimming is available during Aqua Fitness classes.

Swim Lessons: To register for fall lessons, visit www.mhreconline.com. Saturday Swim Lessons begin September 10th, and Weekday lessons begin September 12th.

Outdoor Aquatic Center Pool Schedule is located [here!](#)