



Spring Aquatics Center Schedule

Shallow Pool (Instructional Pool)

May 3rd – June 6th, 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim: Instructional Pool (6 lap lanes) 7am-12pm	Lap Swim: Instructional Pool (6 lap lanes) 5am-8am 9am-12pm 2pm-4pm 6pm-8pm	Lap Swim: Instructional Pool (6 lap lanes) 5am-8am 9am-12pm 1pm-4pm 7pm-8pm	Lap Swim: Instructional Pool (6 lap lanes) 5am-8am 9am-12pm 2pm-4pm 7pm-8pm	Lap Swim: Instructional Pool (6 lap lanes) 5am-8am 9am-12pm 1pm-4pm 7pm-8pm	Lap Swim: Instructional Pool (6 lap lanes) 5am-8am 9am-12pm 2pm-4pm 6pm-8pm	Lap Swim: Instructional Pool (6 lap lanes) 7am-8am 9am-12pm
	Aqua Fitness: Shallow Tone: 8:00am-9:00am (Inst. Pool) Shallow Tone: 12:00pm-1:00pm (Inst. Pool) Shallow Tone: 1:00pm-2:00pm (Inst. Pool)	Aqua Fitness: Shallow Tone: 8:00am-9:00am (Inst. Pool) Shallow Tone: 12:00pm-1:00pm (Inst. Pool)	Aqua Fitness: Shallow Tone: 8:00am-9:00am (Inst. Pool) Shallow Tone: 12:00pm-1:00pm (Inst. Pool) Shallow Tone: 1:00pm-2:00pm (Inst. Pool)	Aqua Fitness: Shallow Tone: 8:00am-9:00am (Inst. Pool) Shallow Tone: 12:00pm-1:00pm (Inst. Pool)	Aqua Fitness: Shallow Tone: 8:00am-9:00am (Inst. Pool) Shallow Tone: 12:00pm-1:00pm (Inst. Pool) Shallow Tone: 1:00pm-2:00pm (Inst. Pool)	Aqua Fitness: Shallow Tone: 8:00am-9:00am (Inst. Pool)
		Shallow Tone: 6:00pm-7:00pm (Inst. Pool)		Shallow Tone: 6:00pm-7:00pm (Inst. Pool)		

*For the week of April 26th, please reference SignUpGenius for lane/class availability due to our deck resurfacing project.

*Memorial Day (Monday, May 31) hours: 7am-12pm



Spring Aquatics Center Schedule

Deep Pool (Competition Pool)

May 3rd – June 6th, 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Lap Swim:</p> <p>Comp Pool 7am-12pm (17 lap lanes)</p>	<p>Lap Swim:</p> <p>Comp Pool 5am-11am (17 lap lanes) 11am-12pm (14 lap lanes) 12pm-3pm (17 lap lanes) 3pm-5pm (0 lap lanes) 5pm-6pm (11 lap lanes) 6pm-7pm (5 lap lanes) 7pm-8pm (17 lap lanes)</p>	<p>Lap Swim:</p> <p>Comp Pool 5am-11am (17 lap lanes) 11am-12pm (14 lap lanes) 12pm-3pm (17 lap lanes) 3pm-5pm (0 lap lanes) 5pm-6pm (11 lap lanes) 6pm-7pm (17 lap lanes) 7pm-8pm (17 lap lanes)</p>	<p>Lap Swim:</p> <p>Comp Pool 5am-11am (17 lap lanes) 11am-12pm (12 lap lanes) 12pm-8pm (17 lap lanes)</p>	<p>Lap Swim:</p> <p>Comp Pool 5am-11am (17 lap lanes) 11am-12pm (14 lap lanes) 12pm-3pm (17 lap lanes) 3pm-5pm (0 lap lanes) 5pm-6pm (11 lap lanes) 6pm-7pm (5 lap lanes) 7pm-8pm (17 lap lanes)</p>	<p>Lap Swim:</p> <p>Comp Pool 5am-11am (17 lap lanes) 11am-12pm (14 lap lanes) 12pm-3pm (17 lap lanes) 3pm-5pm (0 lap lanes) 5pm-6pm (11 lap lanes) 6pm-7pm (17 lap lanes) 7pm-8pm (17 lap lanes)</p>	<p>Lap Swim:</p> <p>Comp Pool 7-9am (17 lap lanes) 9-12pm (13 lap lanes)</p>
	<p>Aqua Fitness:</p> <p>Deep H2O Dynamics: 11:00am–12:00pm (Comp Pool)</p>	<p>Aqua Fitness:</p> <p>Deep H2O Dynamics: 11:00am–12:00pm (Comp Pool)</p>	<p>Aqua Fitness:</p> <p>Deep H2O Dynamics: 11:00am–12:00pm (Comp Pool)</p>	<p>Aqua Fitness:</p> <p>Deep H2O Dynamics: 11:00am–12:00pm (Comp Pool)</p>	<p>Aqua Fitness:</p> <p>Deep H2O Dynamics: 11:00am–12:00pm (Comp Pool)</p>	

Pool Program Descriptions:

For additional information on our Aqua Fitness programming click [HERE](#).

NOTE: Lap swim and Aqua Fitness classes are for participants age 12 and up. Youth under the age of 12 may participate in programs if accompanied by a parent or legal guardian in the water. Schedule subject to change

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*Memorial Day (Monday, May 31) hours: 7am-12pm